

The Coach Partnership Health Coaching Program

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HEALTHY LIVING



The Coach Partnership Health Coaching certification allows graduates of the Newfield Coaching Program to continue their learning and specialise in the growing field of Health and Wellness coaching. Successful graduates of the program earn the designation “Certified Health Coach with The Coach Partnership” and then may choose to go on to sit the examination to be a National Board Certified Health and Wellness Coach (USA). The Coach Partnership Health Coaching Program is an Approved Health and Wellness Coach Training and Education Program by the National Board of Health and Wellness Coaching (NBHWC). Participants will also earn 48 Continuing Coach Education hours with the ICF.

Following on from Foundations in Ontological Learning (Foundations) and The Art and Practice of Ontological Mastery (TAPOM), which comprise the highly acclaimed ICF accredited Newfield Coaching Program, The Coach Partnership Health Coaching Program is a completely virtual learning experience over a period of 4 months.

In a small cohort of fellow learners you will study four pillars of Health and Wellness coaching aligned with the NBHWC standards. The four pillars are, The Coach Partnership Health Coaching Model™, health and wellness basics, behaviour change theories and strategies, and ethics applicable to health and wellness coaching. Learning is a combination of self-study, webinars, practice in your own coaching triad and interaction with faculty and other experts in the field of health and wellness. The program is designed to be applicable globally. Resources focus on global health issues while you will also be encouraged to study the same issues in a country of your choice. Depending on both your coaching experience or health knowledge, you will be able to tailor your own learning journey to suit your needs and interests.

Katrina Gisbert Tay MD, NBC-HWC, NCC, ACC. Dr Kat is a medical doctor with a passion for bringing together the fields of psychology, medicine and coaching. She is an Integrative Health Coach certified by Duke Integrative Medicine (USA), a certified coach supervisor and the first person in Singapore to take and pass the National Board examination for Health and Wellness coaches in 2018. Dr Kat has her own coaching practice in Singapore and continues to practice as a doctor in Manila. She is also a program coach for the Newfield coach training program in Singapore and is the core design faculty for this program.

MarkHemstedt MSc(Hons),ACMA,NCC,MCC. Markisthefounding partner of TWP and The Coach Partnership (formerly Newfield Asia) and has been coaching for over twenty years. He leads the Newfield coach training program in Singapore, has a Master’s degree (Liverpool) in Applied Psychology, is a Master Certified Coach (ICF) and is an Integrative Health coach trained by Duke Integrative Medicine (USA). Mark has designed coaching programs for the public and corporations and is also core design faculty for this program.

They will be joined by guest speakers from the field of coaching, medicine and wellness. In recent cohorts we have had more than ten doctors speaking to each group. All of these talks will be available to enrolled students and graduates of the program.

When, where, who & how much?

When? Cohort 3 – September 16th 2019 to January 31st 2020.

Where? Virtual.

Who? Eligible to graduates of the Newfield Coaching Program – Foundations and TAPOM.

How much? S\$ 3,000 + GST

Contact? drkat@newfieldasia.com



The Newfield suite of coach training programs is brought to Asia by The Coach Partnership Pte. Ltd. (formerly Newfield Asia Pte Ltd). Newfield is a pioneer in the coaching profession and the world’s leading Ontological learning organisation since 1991. Known for the ICF accredited certification program, Newfield has taught coaching and enabled professionals across the Americas, Europe and Asia to transform results.

Pragmatic, holistic, and experiential, Newfield’s Ontological methodology enables professionals to more profoundly work with others through an improved understanding of themselves. Newfield offers more than a coach training program: it is a journey of transformation that allows you to see yourself, others and the world through new eyes.